

Please choose one of the following 60 minute treatments

### Tailored Facial

During this luxurious facial, your therapist will target the specific individual needs of your skin, actively working to renew, refresh and relax whilst indulging the sense. Includes a scalp massage or hand & arm massage.

### Body Brightening with Foot or Scalp massage

An invigorating treatment to smooth and brighten your skin. Body brushing will stimulate and detox the skin followed by a salt scrub to remove dead skin and rejuvenate, finished off with a hydrating lotion massaged into your skin.

This is followed by your choice of either a scalp or foot massage

### Back to Life

This deeply relaxing massage combination is one of our most popular treatments working the back, neck, shoulders, upper arms, face & scalp, and also includes a mini facial.

### Full Body Massage

This bespoke Full Body massage will help you de-stress, unwind and release those tensions.

### Spa Gel Manicure

Includes exfoliation, detailed cuticle work, nail shaping, hand massage and a choice of Gel polish colour finish.

### Spa Gel Pedicure

Includes a hot foot soak, exfoliation, hard skin removal, detailed cuticle work, foot and lower leg hydration, nail shaping and Gel polish colour finish.

