

Please choose one of the following 30 minute treatments

### Head in Heaven

A totally relaxing massage of the scalp, face, neck, upper arms & shoulders – relieving tension and stress to leave you feeling Zen.

### Express Facial

This tailored facial will target any skin concerns to leave your skin glowing and refreshed. Includes a scalp massage or hand & arm massage.

### Mini Back Pamper

This luxurious back treatment begins an invigorating body brush, followed by a deep cleanse, and completed with a relaxing massage to relieve muscular tension.

### Rejuvenating Eye Treatment

This mini facial focuses on and around the eye area by lifting, draining and toning, helping to reduce fine lines, puffiness and dark circles. Includes a scalp massage.

### Foot Ritual

Revive those achy feet and lower legs with a refreshing exfoliating treatment, nourishing mask, pressure points and soothing massage techniques

